



Larmont Lorin Lawson Sr.

September 28, 1953 - April 1, 2025

God saw that your road had gotten rough, your hills harder to climb; so he gently closed your eyes and whispered, "Peace be thine."

Larmont Lorin Lawson Sr. 71, of Lexington, Kentucky, was granted his heavenly wings on April

1, 2025, quietly at his home. Larmont, affectionately known as "Bull," was born on September

28, 1953, to the late Virginia Williams Lawson and Leland Lawson Sr.

He accepted Christ Our Lord and Savior at an early age. He was baptized at Wesley United

Methodist Church and later joined Evergreen Missionary Baptist Church, where he occasionally

assisted with the culinary team. In recent years he joined and attended the Seventh-Day

Adventist Church on Lima Drive.

Larmont was a proud graduate of Bryan Station High School, Class of 1971.

While there, he

excelled in both football and gymnastics, earning All-State honors in both sports. He was a state

champion in football and a standout gymnast who won numerous medals and competed at the

state level. Larmont often shared stories from his high school days, both on

and off the field.

After graduation, he briefly served in the U.S. Army and was honorably discharged following his service.

Larmont was a phenomenal cook, starting his career over 50 years ago as a prep cook and

working his way up the ladder to Sous Chef and Executive Chef throughout Kentucky, Ohio, and

the Washington DC area. He could cook down-home soul food to exquisite cuisine. Even after

retirement he didn't stop cooking; he would have fish fry's and people would come from

everywhere just to get a taste. He and his former wife, and in-laws opened L & L Cafe in the

early nineties where the infamous "Bull Burger" was a well-known sandwich that was named

after him. A few years later he and his then-wife opened "Bull's Place at Price Road &

Georgetown Streets. He loved to cook and meeting people. He would have a story to tell everyone.

Later in life, he was often the first face you would see at the Legends Baseball Field, where he

was a greeter. He welcomed everyone with that big smile and boisterous laugh. The last few

years he volunteered with the Ronald McDonald House in Lexington, where he met many new

friends there and he spoke about them often. That was one of his "happy places".

Larmont was an avid coach, he loved coaching football and baseball at PAL

(Police Activities League) and Meadowthorpe Leagues. The PAL Raiders and the Meadowthrope White Sox were teams to be reckoned with on the field. It didn't stop there, he would continue mentoring kids every time he would see them and loved seeing the ones he coached return as adults! Again, he had many many stories, but two he would often share were 1) When the PAL teams went to Atlanta, GA for a tournament and how they met Evander Holifield. It was quite a moment for the kids and coaches. 2) his second favorite story was when he went to Atlanta again, but this time it was the 1996 Olympics, where he was fortunate to meet the late Dexter King, son of the late Martin Luther King Jr. He took pictures with him as they both held the Olympic torch. He was beaming with such pride and joy that day. Anyone who knew "Bull" knew his love for people. He was always a joy to be around, even if he was giving you Derby pick, or talking about any sports game. He was very knowledgeable about sports. He loved it when he had the opportunity to travel to several NFL games with his family. He also had a love for old-school music, the O'Jays, The Dells, The Dramatics, Temptations, etc. A love that he shared with his children. Larmont was preceded in death by his parents, Virginia and Leland Lawson Sr, a sister, Parniece Lawson, a brother, Leland Lawson Jr., and several aunts, uncles,

and cousins.

He leaves to cherish his memory one son, Larmont Lorin (Estefana) Lawson Jr., and five

daughters, Vernessa Ford (Keith) Powell, LaShelle (Billy) Furr, Parniece (Dane) Cole, Latasha

Gray, and his bonus daughter, Kelah Logan, one sister, Sabre Ann (Riley) Williams Carter, one

brother, Kinzell (Beverly) Lawson, 11 grandchildren, Aaron (Tia) Ford, Avery (Tabitha) Ford,

Adrian Ford, Kolemyn Saunders, Alexa Furr, Addison Furr, Danesha Cole, Tiana and Anasia

Gray, Kayla, and Roman Lawson. 5 great-grandchildren, beloved nieces and nephews, Marvel

Lawson, Miranda Miles, Summer Lawson, Traevious Lorin Fisher, Treasure, and Tristani Burton,

and his special friend, Felicia Broadus. He leaves a host of cousins, in-laws, and many other

relatives and friends including his St. Martins Village family and the Ronald McDonald House

crew.

Previous Events

Celebration of Life

APR 11. 1:00 PM (ET)

Wesley Unity Methodist Church
1825 Russell Cave Road
Lexington, KY 40505

Visitation 11 am until time of service at Wesley United Methodist Church.

Tribute Wall

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“ *Mary Player -Brown lit a candle in memory of Larmont Lorin Lawson Sr.*



Mary Player -Brown - June 09, 2025 at 01:53 AM